

Your Name  
Your Street  
Your City, Province  
Your Postal Code

Date

Contact Name  
Contact Street  
Contact City, Province  
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Dear \_\_\_\_\_

Did you know that **one in five** British Columbians, from children to seniors, live with chronic pain? As our population ages, this number is expected to grow to 1.1 million by 2020 and 1.23 million by 2030<sup>1</sup>. Chronic pain (pain that lasts for more than 3 months after the expected time to heal from injury, surgery, or illness) is also one of the most significant causes of suffering and disability.

Chronic pain is an issue especially important to me because

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I'm adding my voice to that of [Pain BC](#) (a non-profit dedicated to improving the lives of people in pain through empowerment, education, and innovation) and asking you for your support. We need to ensure the necessary treatments, supports, and services are put in place to relieve the burden of pain.

Specifically,

1. Will you support the creation of a Provincial Pain Strategy to transform how pain is understood and treated in our province?
2. Will you advocate to ensure that our health authority develops and implements (or expands) a regional pain program to ensure that pain care is available in our local communities?

Please help those struggling with chronic pain by supporting the call for a Provincial Pain Strategy to change how pain is understood and treated in BC.

Regards,

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<sup>1</sup> <http://www.phac-aspc.gc.ca/publicat/ebic-femc/2005-2008/assets/pdf/ebic-femc-2005-2008-eng.pdf>